

In the Specification:

1. The paragraph on page 1 starting from line 15 to line 18 is amended as follows:

This kind of adjustment requires the user to adjust each and every one of the shock absorbers and still the damping effect is not good enough to meet the requirements. Even though the damping effect is enough to deal with the terrain, the effort and time required to complete the adjustment is enormous.

2. The paragraph on page 2 starting from line 15 to line 16 is amended as follows:

With reference to Fig. 1, the shock absorber constructed in accordance the present invention includes a bolt (1), a driving rod (2), two resilient elements (3,4) and a knob (5).

3. The paragraph on page 3 starting from line 3 to line 8 is amended as follows:

With reference to Figs. 2 and 3, when the shock absorber of the present invention is assembled, it is noted that the driving rod (2) is securely received in the bolt (1). The first nuts (31,41) of the two resilient elements (3,4) are respectively and threadingly mounted on the bolt (1) and opposite to each other. The knob (5) is then securely engaged with a free end of the driving rod (2) and encloses ~~one of~~ the second nut (32).